

**2017 Horsey Hundred
News to Use #4
Wednesday, May 17, 2017**

This is the fourth in a series of informational bulletins leading up to Horsey Hundred 2017. You can access this informational bulletin as well as previous bulletins at any time by going to www.horseyhundred.com and scrolling down to the "Horsey e-blasts" button. Information provided in today's bulletin includes information about rest stop food, our routes, maps, and road markings, century pin pick up, and additional activities going on in Georgetown on Horsey weekend.

Please check out our website if you haven't been there in a while. All routes have been posted, along with "ride with GPS links" so you can download them if you want to. We've also added some new information and a neat new interactive feature to our "Sights Along the Route" area if you're interested in learning more about some of the things you'll see while riding your bike. Both items are available from the "scroll" across the top of the page. Just click on the relevant picture for additional information.

Just a reminder that if you have friends who plan to join you but haven't yet registered, you may want to remind them that the price for the event increases to \$90 at 11:59 PM on May 24th!!!

IF YOU ARE STAYING IN THE DORMS - PLEASE REMEMBER TO BRING YOUR BEDDING AND TOWELS AS THESE WILL NOT BE PROVIDED!!!

Please Respect Our Hosts and Their Property!

The vast majority of Horsey Hundred riders are respectful during the ride and treat our rest stop hosts with respect, however we received some complaints last year about some riders, and we therefore think it's necessary for us to say this to everyone - Our rest stops are all at churches community parks, or private homes. These good folks have offered these places to us in support of our ride and we are invited guests in these places. We want to leave a good impression with the communities we pass through. We want our hosts to be glad they invited us, and to want us to come back. With this in mind, PLEASE:

- **DO NOT** urinate anyplace except bathrooms and the port a pots we provide - Yes, there will be lines in some places and yes, you may need to wait but be patient. The Horsey Hundred is not a race, and you won't win a prize by being first - Urinating behind bushes, or gravestones or by the side of the road in full view of others is not okay!!!
- **USE THE TRASH CANS** - There will be trash cans at the rest stops. Please use them. If you eat something out on the road, please carry the wrapper or container with you until you find an appropriate place to dispose of it.
- A few of the churches we will be visiting have graveyards nearby. If you are interested in looking at the gravestones, feel free, however please **DO NOT** sit on the gravestones,

or lean your bike against them. Please don't lean your bike against buildings or on someone's car (unless you know the person and have their permission).

Route Markings, Maps, and Ride With GPS Files

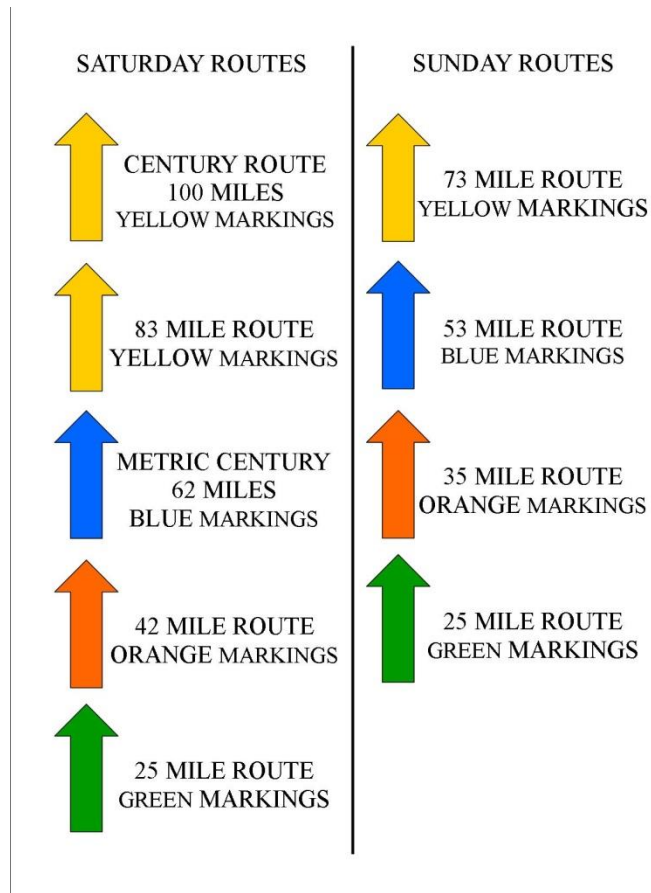
To assist you in finding your way, we've marked the roads, provided GPS files of all routes (currently available on our website), and will also have paper copies of maps and cue sheets available for you to pick up at registration.

In an effort to be more environmentally friendly, we WILL NOT be stuffing bags this year, however, all of the information that would have been in your bag will be available for pick up when you check in. In this manner, you can take only the information you want and need and not be bothered with the extra paper.

Route Markings

There are several event rides and runs in our area, and thus there are places where numerous road markings exist. In some cases, we've blacked these markings out to prevent confusion, and in places where we think folks might be confused, we will also have signs.

On Saturday, the Century and 83 Mile routes are marked in the same color (YELLOW). There will be signage and additional road markings to distinguish the split of these two routes.



We will use WHITE arrows with “ALL ROUTES” to take riders out of Georgetown and bring them back into Georgetown from the last rest stops. Hazards and warnings (SLOW, ROUGH ROAD, GEAR DOWN, ETC) will be marked in WHITE.



Below we’ve copied some photos of what our arrows look like on the road, and an explanation of how you’ll see the arrows:



The first photo illustrates “confidence arrows” – markings you’ll see if you’ve been on a road for a while without a turn just to affirm you’re still going the right way.

The second photograph illustrates what you’ll see if a right turn is coming up soon (the arrows indicating the turn will be at an angle, and there will be at least two of these types of markings leading up to the turn). Note that for purposes of the illustration, the blue and orange routes will be turning right, while the green route will continue straight.

The third photograph illustrates the last marking before you will actually be turning. Note that the arrow is directly sideways in this case.

There will also be a confirmation arrow following each turn

If multiple routes are on the same road, route colors will always be in the same order

Please note that if we mark something as a caution area or ask you to go slow, WE MEAN IT!!!

There are a few descents that have some off-camber, greater than 90 degree turns, or that end abruptly at a stop sign, and if you hit them with too much speed, you could have problems. For your safety and the safety of those around you **PLEASE, PLEASE, PLEASE** heed our warnings and slow down when we ask you to!

Century Pin Pick Up

Century Riders will once again be able to pick up their Horsey Hundred Century Pin out on the route from 1 PM - 5PM. That will happen this year at the King’s Way Church rest stop (mile 75

of the route), so please look for the tent and our own Goodwill Ambassador, Chuck Ellinger, who will be there to greet you with a smile, and more importantly, your hard-earned pin!

Rest Stop Food

Our goal with rest stop food is to provide you with what you need to help you finish the ride. We will definitely not have everything everyone wants since there are so many of you, and you have a variety of desires, however we will have what you need to get you through. Our food and rest stops team includes a certified dietician and several folks who have worked in the food service industry for most of their careers.

Please plan to eat a good breakfast before you begin your ride and drink plenty of fluids leading up to the event. Temperatures are expected to be in the high 70's so it will be a warm day, and proper nutrition and hydration is a must!!! You may purchase a breakfast meal ticket to eat breakfast in the Georgetown College cafeteria both mornings.

We will also have free coffee available at the top of Giddings Circle near the starting line. If you have special dietary needs or allergies to some foods, PLEASE plan to carry what you need with you!

Once you embark on your ride, there will be a variety of items at our rest stops. To help you better plan, following are some examples of what will be available (note that not all rest stops will have all items listed unless otherwise noted):

- All rest stops on both days will have water, ice and Gatorade available
- We will have chocolate milk at the finish line both days (the same location where the coffee is available in the mornings – Top of the circle, building with the big white columns)
- On Saturday, we will once again have root beer and orange ice cream floats at our Bethel rest stop - This year, as an added bonus, Kentucky's own Ale 8 One will also be available as a float (all routes will go through this stop)
- There will be fruit (bananas, oranges, apples, grapes, watermelon) salty foods (gorp, chips, pretzels, pickles, snack crackers), and sandwiches (PBJ, peanut butter, pimento cheese) at all rest stops, although all varieties will not be at all rest stops. There will also be cookies, fig bars, Payday bars, and granola bars.
- Coolers with pickle juice will be available at the later rest stops
- We will offer two "enhanced" rest stops for folks on our longer (100, 82, and 62 mile) routes who may need something more substantial in the middle of the ride. Those stops, located in Millville and Versailles, will also have a variety of wraps and pasta salad available, as well as iced tea, in addition to the items available at other rest stops.

Additional Happenings in Georgetown

In News to Use #3 we included some information about special offers and events from Georgetown businesses and merchants. Here are a few others to add to that list!

- **Twisted Twigs Boutique:** 10% off entire store
- **Bless Your h'Art:** Stop in the new paint-your-own pottery studio in Georgetown, Bless Your h'Art! Pick up a piece of pottery (ranging from \$15-\$25) to paint, complete it at the studio, & then Bless You h'Art will ship it home for you (if not local) once the art piece completes the fire and glazing phase. There will also be already created Kentucky and bicycling pieces available for purchase!
- **Slainte Public House:** Visit Georgetown's Irish Pub, Slainte Public House, for local beers, food from Salsaritas food truck, & live music by The Woodsheep from 7-10p.m on Saturday, May 27th.
- **Ward Hall** will be open for tours during Memorial Weekend. Ward Hall is considered the grandest Greek revival antebellum in Kentucky, built circa 1857. Tours of this classical building are available during Memorial Day weekend from 1-6 p.m. Visit www.wardhall.net for more information.